



Office Visit CHECKLIST



ARE YOU MAKING THE MOST of your office visits?

Getting recommended preventive care each year is key to maintaining your health and dealing with problems before they become serious.

Print this checklist and follow up with your doctor if these recommendations are right for you.

<input type="checkbox"/> Regular Checkups	<input type="checkbox"/> BMI Check	<input type="checkbox"/> Blood Pressure Check
<input type="checkbox"/> Diabetes Screening: HbA1c, Nephropathy, Eye Exam	<input type="checkbox"/> Colorectal Cancer Screening	<input type="checkbox"/> Skin Cancer Screening
<input type="checkbox"/> Sexually Transmitted Infection Screening	<input type="checkbox"/> HIV Screening	<input type="checkbox"/> Seasonal Flu Vaccine
<input type="checkbox"/> Recommended Immunizations	<input type="checkbox"/> Alcohol Use Assessment	<input type="checkbox"/> Quitting Tobacco
<input type="checkbox"/> Cholesterol & Lipid Check	<input type="checkbox"/> Health Assessment Screening, History & Counseling	<input type="checkbox"/> Depression Screening

Talk to your doctor about the following if you're...

over 50

- Daily aspirin use
- Pneumonia vaccine
- Lung cancer screening
- Fall prevention
- Abdominal aortic aneurysm screening

female

- Osteoporosis screening
- Ovarian cancer screening
- Breast cancer screening
- Cervical cancer screening
- Routine prenatal office visits starting in the first trimester; postpartum visit one month after delivery

male

- Prostate screening

Your Henry Ford MRN# _____
(if applicable)