

HAP Senior Plus Option 1 (PPO) offered by Alliance Health and Life Insurance Company

Annual Notice of Changes for 2020

You are currently enrolled as a member of *HAP Senior Plus Option 1*. Next year, there will be some changes to the plan's costs and benefits. *This booklet tells about the changes.*

- **You have from October 15 until December 7 to make changes to your Medicare coverage for next year.**
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What to do now

1. ASK: Which changes apply to you

Check the changes to our benefits and costs to see if they affect you.

- It's important to review your coverage now to make sure it will meet your needs next year.
- Do the changes affect the services you use?
- Look in Sections 2.1, 2.2 and 2.5 for information about benefit and cost changes for our plan.

Check the changes in the booklet to our prescription drug coverage to see if they affect you.

- Will your drugs be covered?
- Are your drugs in a different tier, with different cost sharing?
- Do any of your drugs have new restrictions, such as needing approval from us before you fill your prescription?
- Can you keep using the same pharmacies? Are there changes to the cost of using this pharmacy?
- Review the 2020 Drug List and look in Section 2.6 for information about changes to our drug coverage.
- Your drug costs may have risen since last year. Talk to your doctor about lower cost alternatives that may be available for you; this may save you in annual out-of-pocket costs throughout the year. To get additional information on drug prices visit

<https://go.medicare.gov/drugprices>. These dashboards highlight which manufacturers have been increasing their prices and also show other year-to-year drug price information. Keep in mind that your plan benefits will determine exactly how much your own drug costs may change.

- Check to see if your doctors and other providers will be in our network next year.
 - Are your doctors, including specialists you see regularly, in our network?
 - What about the hospitals or other providers you use?
 - Look in Section 2.3 for information about our Provider Directory.
- Think about your overall health care costs.
 - How much will you spend out-of-pocket for the services and prescription drugs you use regularly?
 - How much will you spend on your premium and deductibles?
 - How do your total plan costs compare to other Medicare coverage options?
- Think about whether you are happy with our plan.

2. COMPARE: Learn about other plan choices

- Check coverage and costs of plans in your area.
 - Use the personalized search feature on the Medicare Plan Finder at <https://www.medicare.gov> website. Click “Find health & drug plans.”
 - Review the list in the back of your Medicare & You handbook.
 - Look in Section 3.2 to learn more about your choices.
- Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan’s website.

3. CHOOSE: Decide whether you want to change your plan

- If you want to **keep** *HAP Senior Plus Option 1*, you don’t need to do anything. You will stay in *HAP Senior Plus Option 1*.
- To change to a **different plan** that may better meet your needs, you can switch plans between October 15 and December 7.

4. ENROLL: To change plans, join a plan between **October 15 and December 7, 2019**

- If you don’t join another plan by **December 7, 2019**, you will stay in *HAP Senior Plus Option 1*.
- If you join another plan by **December 7, 2019**, your new coverage will start on **January 1, 2020**.

Additional Resources

- Please contact our Customer Service number at (888) 658-2536 for additional information. (TTY users should call 711). Hours are April 1st through September 30th: Monday through Friday, 8 a.m. to 8 p.m.; October 1st through March 31st: Seven days a week, 8 a.m. to 8 p.m. Prescription drug benefit related calls: Available 24 hours a day, seven days a week.
- Customer Service has free language interpreter services available for non-English speakers (phone numbers are in Section 8.1 of this booklet).
- This booklet is available in alternate formats such as large print or audio tapes.
- **Coverage under this Plan qualifies as Qualifying Health Coverage (QHC)** and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at <https://www.irs.gov/Affordable-Care-Act/Individuals-and-Families> for more information.

About *HAP Senior Plus Option 1*

- *HAP Senior Plus (PPO)* is a health plan with a Medicare contract. Enrollment depends on contract renewal. *HAP Senior Plus (PPO)* is a product of Alliance Health and Life Insurance company, a wholly owned subsidiary of HAP.
 - When this booklet says “we,” “us,” or “our,” it means *Health Alliance Plan (HAP)*. When it says “plan” or “our plan,” it means *HAP Senior Plus Option 1*.
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Summary of Important Costs for 2020

The table below compares the 2019 costs and 2020 costs for *HAP Senior Plus Option 1 (PPO)* in several important areas. **Please note this is only a summary of changes.** A copy of the *Evidence of Coverage* is located on our website at www.hap.org/medicare. You may also call Customer Service to ask us to mail you an *Evidence of Coverage*.

Cost	2019 (this year)	2020 (next year)
<p>Monthly plan premium*</p> <p>*Your premium may be higher or lower than this amount. See Section 2.1 for details.</p>	\$15	\$0
Deductible	Out-of-network only \$275	Out-of-network only \$275
<p>Maximum out-of-pocket amounts</p> <p>This is the <u>most</u> you will pay out-of-pocket for your covered Part A and Part B services. (See Section 2.2 for details.)</p>	<p>From network providers: \$5,500</p> <p>From network and out-of-network providers combined: \$7,000</p>	<p>From network providers: \$5,500</p> <p>From network and out-of-network providers combined: \$7,000</p>
Doctor office visits	<p>In-network</p> <p>Primary care visits: \$25 copay per visit</p> <p>Specialist visits: \$50 copay per visit</p> <p>Out-of-network</p> <p>Primary care visits: 30% coinsurance per visit</p> <p>Specialist visits: 30% coinsurance per visit</p>	<p>In-network</p> <p>Primary care visits: \$10 copay per visit</p> <p>Specialist visits: \$50 copay per visit</p> <p>Out-of-network</p> <p>Primary care visits: 30% coinsurance per visit</p> <p>Specialist visits: 30% coinsurance per visit</p>
Inpatient hospital stays	In-network \$250 copay per day for days 1- 6.	In-network \$285 copay per day for days 1 - 6

Cost	2019 (this year)	2020 (next year)
<p>Includes inpatient acute, inpatient rehabilitation, long-term care hospitals, and other types of inpatient hospital services. Inpatient hospital care starts the day you are formally admitted to the hospital with a doctor’s order. The day before you are discharged is your last inpatient day.</p>	<p>\$0 copay per day for days 7-90.</p> <p>Out-of-network 30% coinsurance per admission</p>	<p>\$0 copay per day for days 7-90</p> <p>Out-of-network 30% coinsurance per admission</p>
<p>Part D prescription drug coverage (See Section 2.6 for details.)</p>	<p>Deductible: \$0 Copays/coinsurance during the Initial Coverage Stage:</p> <ul style="list-style-type: none"> • Drug Tier 1: <i>Standard: \$7</i> <i>Preferred: \$0</i> • Drug Tier 2: <i>Standard: \$15</i> <i>Preferred: \$10</i> • Drug Tier 3: <i>Standard: \$47</i> <i>Preferred: \$42</i> • Drug Tier 4: <i>Standard: 48%</i> <i>Preferred: 45%</i> • Drug Tier 5: <i>Standard: 33%</i> <i>Preferred: 33%</i> 	<p>Deductible: \$0 Copays/coinsurance during the Initial Coverage Stage:</p> <ul style="list-style-type: none"> • Drug Tier 1: <i>Standard: \$7</i> <i>Preferred: \$0</i> • Drug Tier 2: <i>Standard: \$15</i> <i>Preferred: \$10</i> • Drug Tier 3: <i>Standard: \$47</i> <i>Preferred: \$42</i> • Drug Tier 4: <i>Standard: 42%</i> <i>Preferred: 40%</i> • Drug Tier 5: <i>Standard: 33%</i> <i>Preferred: 33%</i>

Annual Notice of Changes for 2020

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SECTION 1 Unless You Choose Another Plan, You Will Be Automatically Enrolled in HAP Senior Plus Option 1 in 2020

If you do nothing to change your Medicare coverage by December 7, 2019, we will automatically enroll you in our *HAP Senior Plus Option 1*. This means starting January 1, 2020, you will be getting your medical and prescription drug coverage through *HAP Senior Plus Option 1*. If you want to, you can change to a different Medicare health plan. You can also switch to Original Medicare. If you want to change, you must do so between October 15 and December 7. If you are eligible for Extra Help, you may be able to change plans during other times.

The information in this document tells you about the differences between your current benefits in *HAP Senior Plus Option 1* and the benefits you will have on January 1, 2020, as a member of *HAP Senior Plus Option 1*.

SECTION 2 Changes to Benefits and Costs for Next Year

Section 2.1 – Changes to the Monthly Premium

Cost	2019 (this year)	2020 (next year)
Monthly premium (You must also continue to pay your Medicare Part B premium.)	\$15	\$0
Optional dental plan monthly premium	Delta Dental Plan 1 Member Pays	Delta Dental Plan 1 Member Pays
	\$22.60 per month	\$21.40 per month
	Delta Dental Plan 2 Member Pays	Delta Dental Plan 2 Member Pays
	\$43.30 per month	\$41.30 per month

- Your monthly plan premium will be *more* if you are required to pay a lifetime Part D late enrollment penalty for going without other drug coverage that is at least as good as Medicare drug coverage (also referred to as “creditable coverage”) for 63 days or more.
- If you have a higher income, you may have to pay an additional amount each month directly to the government for your Medicare prescription drug coverage.
- Your monthly premium will be less if you are receiving “Extra Help” with your prescription drug costs.

Section 2.2 – Changes to Your Maximum Out-of-Pocket Amounts

To protect you, Medicare requires all health plans to limit how much you pay “out-of-pocket” during the year. These limits are called the “maximum out-of-pocket amounts.” Once you reach this amount, you generally pay nothing for covered services for the rest of the year.

Cost	2019 (this year)	2020 (next year)
<p>In-network maximum out-of-pocket amount</p> <p>Your costs for covered medical services (such as copays and deductibles) from network providers count toward your in-network maximum out-of-pocket amount.</p> <p>Your plan premium, and your costs for prescription drugs do not count toward your maximum out-of-pocket amount.</p> <p>If you choose an optional supplemental dental plan, your plan premium and your costs for services also do not count toward your maximum out-of-pocket amount.</p>	<p>\$5,500</p>	<p style="text-align: center; vertical-align: top;">\$5,500</p> <p>Once you have paid \$5,500 out-of-pocket for covered services, you will pay nothing for your covered services from network providers for the rest of the calendar year.</p>

Cost	2019 (this year)	2020 (next year)
<p>Combined maximum out-of-pocket amount</p> <p>Your costs for covered medical services (such as copays) from in-network and out-of-network providers count toward your combined out-of-pocket amount. Your plan premium does not count toward your maximum out-of-pocket amount.</p> <p>Your costs for prescription drugs do not count toward your maximum out-of-pocket amount.</p> <p>If you choose an optional supplemental dental plan, your plan premium and your costs for services also do not count toward your maximum out-of-pocket amount.</p>	<p>\$7,000</p>	<p>\$7,000</p> <p>Once you have paid \$7,000 out-of-pocket for covered services, you will pay nothing for your covered services from network or out-of-network providers for the rest of the calendar year.</p>

Section 2.3 – Changes to the Provider Network

There are changes to our network of providers for next year. An updated Provider Directory is located on our website at www.hap.org/medicare. You may also call Customer Service for updated provider information or to ask us to mail you a Provider Directory. **Please review the 2020 Provider Directory to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network.**

It is important that you know that we may make changes to the hospitals, doctors and specialists (providers) that are part of your plan during the year. There are a number of reasons why your provider might leave your plan, but if your doctor or specialist does leave your plan you have certain rights and protections summarized below:

- Even though our network of providers may change during the year, we must furnish you with uninterrupted access to qualified doctors and specialists.
- We will make a good faith effort to provide you with at least 30 days' notice that your provider is leaving our plan so that you have time to select a new provider.
- We will assist you in selecting a new qualified provider to continue managing your health care needs.
- If you are undergoing medical treatment you have the right to request, and we will work with you to ensure, that the medically necessary treatment you are receiving is not interrupted.
- If you believe we have not furnished you with a qualified provider to replace your previous provider or that your care is not being appropriately managed, you have the right to file an appeal of our decision.
- If you find out your doctor or specialist is leaving your plan, please contact us so we can assist you in finding a new provider and managing your care.

Section 2.4 – Changes to the Pharmacy Network

Amounts you pay for your prescription drugs may depend on which pharmacy you use. Medicare drug plans have a network of pharmacies. In most cases, your prescriptions are covered *only* if they are filled at one of our network pharmacies. Our network includes pharmacies with preferred cost-sharing, which may offer you lower cost-sharing than the standard cost-sharing offered by other network pharmacies for some drugs.

There are changes to our network of pharmacies for next year. An updated Pharmacy Directory is located on our website at www.hap.org/medicare. You may also call Customer Service for

updated provider information or to ask us to mail you a Pharmacy Directory. **Please review the 2020 Pharmacy Directory to see which pharmacies are in our network.**

Section 2.5 – Changes to Benefits and Costs for Medical Services

We are changing our coverage for certain medical services next year. The information below describes these changes. For details about the coverage and costs for these services, see Chapter 4, *Medical Benefits Chart (what is covered and what you pay)*, in your *2020 Evidence of Coverage*.

Cost	2019 (this year)	2020 (next year)
Cardiac rehabilitation services	<p>In-Network You pay a \$40 copay for this benefit.</p> <p>Out-of-Network You pay a 30% coinsurance for this benefit.</p>	<p>In-Network You pay a \$50 copay for cardiac rehabilitation services per visit.</p> <p>Out-of-Network You pay 30% coinsurance for cardiac rehabilitation services per visit.</p>
Comprehensive dental services	<p>In-Network You pay a \$25 copay for comprehensive dental services in a primary care setting per visit. You pay a \$50 copay for comprehensive dental services in a specialist setting per visit.</p> <p>Out-of-Network You pay 30% coinsurance for this benefit in a primary care setting per visit. You pay 30% coinsurance for this benefit in a specialist setting per visit.</p>	<p>In-Network You pay a \$10 copay for comprehensive dental services in a primary care setting per visit. You pay a \$50 copay for comprehensive dental services in a specialist setting per visit.</p> <p>Out-of-Network You pay 30% coinsurance for comprehensive dental services in a primary care setting per visit. You pay 30% coinsurance for comprehensive dental services in a specialist setting per visit.</p>

Cost	2019 (this year)	2020 (next year)
<p>Eye exam</p>	<p>In-Network You pay a \$25 copay for eye exams in a primary care setting per visit. You pay a \$50 copay for eye exams in a specialist setting per visit.</p> <p>Out-of-Network You pay 30% coinsurance for eye exams in a primary care setting per visit. You pay 30% coinsurance for eye exams in a specialist setting per visit.</p>	<p>In-Network You pay a \$10 copay for this benefit in a primary care setting. You pay a \$50 copay for this benefit in a specialist setting.</p> <p>Out-of-Network You pay 30% coinsurance for this benefit in a primary care setting. You pay 30% coinsurance for this benefit in a specialist setting.</p>
<p>Hearing exam</p>	<p>In-Network You pay a \$25 copay for hearing exams in a primary care setting per visit. You pay a \$50 copay for hearing exams in a specialist setting per visit.</p> <p>Out-of-Network You pay 30% coinsurance for hearing exams in a primary care setting per visit. You pay 30% coinsurance for hearing exams in a specialist setting per visit.</p>	<p>In-Network You pay a \$10 copay for this benefit in a primary care setting. You pay a \$50 copay for this benefit in a specialist setting.</p> <p>Out-of-Network You pay a 30% coinsurance for this benefit in a primary care setting. You pay a 30% coinsurance for this benefit in a specialist setting.</p>

Cost	2019 (this year)	2020 (next year)
<p>Home-delivered meals</p> <p>To be eligible, you must have one or more of these chronic conditions: congestive heart failure (CHF), diabetes, or hypertension and an inpatient admission to an acute care facility. Two meals per day for a maximum of 14 days per admission will be delivered to your home.</p>	<p>In-Network Home-delivered meals are <u>not</u> covered.</p> <p>Out-of-Network Home-delivered meals are <u>not</u> covered.</p>	<p>In-Network You pay nothing for home-delivered meals.</p> <p>Out-of-Network You pay nothing for home-delivered meals.</p>
Inpatient hospital care	<p>In-Network You pay a \$250 copay for days 1 - 6. You pay nothing for days 7 - 90.</p> <p>Out-of-Network You pay a 30% coinsurance for this benefit.</p>	<p>In-Network You pay a \$285 copay for days 1 - 6. You pay nothing for days 7 - 90.</p> <p>Out-of-Network You pay a 30% coinsurance for this benefit.</p>
Inpatient mental health care	<p>In-Network You pay a \$250 copay for days 1 - 6. You pay nothing for days 1 - 90.</p> <p>Out-of-Network You pay a 30% coinsurance for this benefit.</p>	<p>In-Network You pay a \$285 copay for days 1 - 6. You pay nothing for days 7 - 90.</p> <p>Out-of-Network You pay a 30% coinsurance for this benefit.</p>
Mental health specialty services	<p>In-Network You pay a \$25 copay for mental health specialty services per visit.</p>	<p>In-Network You pay a \$10 copay for mental health specialty services per visit.</p>

Cost	2019 (this year)	2020 (next year)
	<p>Out-of-Network You pay 30% coinsurance for mental health specialty services per visit.</p>	<p>Out-of-Network You pay 30% coinsurance for mental health specialty services per visit.</p>
<p>Occupational, physical and speech outpatient rehabilitation services</p>	<p>In-Network You pay a \$25 copay for occupational, physical and speech outpatient rehabilitation services per visit.</p> <p>Out-of-Network You pay a 30% coinsurance for occupational, physical and speech outpatient rehabilitation services per visit.</p>	<p>In-Network You pay a \$10 copay for occupational, physical and speech outpatient rehabilitation services per visit.</p> <p>Out-of-Network You pay 30% coinsurance for occupational, physical and speech outpatient rehabilitation services per visit.</p>
<p>Opioid treatment services</p> <p>This benefit was previously combined with substance abuse treatment in the EOC.</p>	<p>In-Network You pay a \$25 copay for opioid treatment services per visit.</p> <p>Out-of-Network You pay 30% coinsurance for opioid treatment services this benefit per visit.</p>	<p>In-Network You pay a \$10 copay for opioid treatment services per visit.</p> <p>Out-of-Network You pay 30% coinsurance for opioid treatment services per visit.</p>
<p>Outpatient diagnostic tests and therapeutic services and supplies</p> <p>Pacemaker testing services</p>	<p>In-Network You pay a \$200 copay for pacemaker testing services per visit.</p> <p>Out-of-Network You pay 30% coinsurance for</p>	<p>In-Network You pay nothing for pacemaker testing services per visit.</p> <p>Out-of-Network You pay 30% coinsurance</p>

Cost	2019 (this year)	2020 (next year)
	pacemaker testing services per visit.	for pacemaker testing services per visit.
Outpatient substance abuse services	<p>In-Network You pay a \$25 copay for outpatient substance abuse services per visit.</p> <p>Out-of-Network You pay 30% coinsurance for outpatient substance abuse services per visit.</p>	<p>In-Network You pay a \$10 copay for outpatient substance abuse services per visit.</p> <p>Out-of-Network You pay 30% coinsurance for outpatient substance abuse services per visit.</p>
Physician/Practitioner services, including doctor's office visits	<p>In-Network You pay a \$25 copay for office visits in a primary care setting per visit. You pay a \$50 copay for office visits in a specialist setting per visit.</p> <p>Out-of-Network You pay 30% coinsurance for office visits in a primary care setting per visit. You pay 30% coinsurance for office visits in a specialist setting per visit.</p>	<p>In-Network You pay a \$10 copay for office visits in a primary care setting per visit. You pay a \$50 copay for office visits in a specialist setting per visit.</p> <p>Out-of-Network You pay 30% coinsurance for office visits in a primary care setting per visit. You pay 30% coinsurance for office visits in a specialist setting per visit.</p>
Physician/Practitioner services Additional telehealth services	<p>In-Network Additional telehealth services are <u>not</u> covered.</p> <p>Out-of-Network Additional telehealth services are <u>not</u> covered.</p>	<p>In-Network You pay a \$10 copay for additional telehealth services from a primary care provider per visit. You pay a \$50 copay for additional telehealth services from a specialist provider per visit.</p>

Cost	2019 (this year)	2020 (next year)
		<p>You pay a \$60 copay for additional telehealth services from an urgent care facility per visit.</p> <p>Out-of-Network You pay 30% coinsurance for additional telehealth services from a primary care provider per visit. You pay 30% coinsurance for additional telehealth services from a specialist provider per visit. You pay a \$60 copay for additional telehealth services from an urgent care facility per visit.</p>
<p>Post discharge in-home medication reconciliation</p> <p>If you have any of the following chronic conditions: hypertension, congestive heart failure (CHF) or diabetes, have had a hospital admission, and are on 15 or more medications, you are eligible for this benefit by our HAP Pharmacy team.</p>	<p>In-Network Post discharge in-home medication reconciliation is <u>not</u> covered.</p> <p>Out-of-Network Post discharge in-home medication reconciliation is <u>not</u> covered.</p>	<p>In-Network You pay nothing for post discharge in-home medication reconciliation.</p> <p>Out-of-Network You pay nothing for post discharge in-home medication reconciliation.</p>
<p>Pulmonary rehabilitation services</p>	<p>In-Network You pay a \$30 copay for pulmonary rehabilitation services per visit.</p> <p>Out-of-Network You pay 30% coinsurance for</p>	<p>In-Network You pay a \$10 copay for pulmonary rehabilitation services per visit.</p> <p>Out-of-Network You pay 30% coinsurance</p>

Cost	2019 (this year)	2020 (next year)
	pulmonary rehabilitation services per visit.	for pulmonary rehabilitation services per visit.
Skilled nursing facility (SNF) care	<p>In-Network You pay nothing for days 1 - 20. You pay a \$170.50 copay for days 21 - 100.</p> <p>Out-of-Network You pay a 30% coinsurance for this benefit.</p>	<p>In-Network You pay nothing for days 1 - 20. You pay a \$178 copay for days 21 - 100.</p> <p>Out-of-Network You pay a 30% coinsurance for this benefit.</p>
Supervised exercise therapy (SET) services	<p>In-Network You pay a \$30 copay for supervised exercise therapy (SET) services per visit.</p> <p>Out-of-Network You pay 30% coinsurance for supervised exercise therapy (SET) services per visit.</p>	<p>In-Network You pay a \$10 copay for this benefit.</p> <p>Out-of-Network You pay a 30% coinsurance for this benefit.</p>
Urgently needed services in and outside the United States	<p>In-Network You pay a \$50 copay for urgently needed services per visit.</p> <p>Out-of-Network You pay a \$50 copay for urgently needed services per visit.</p>	<p>In-Network You pay a \$60 copay for urgently needed services per visit.</p> <p>In-Network You pay a \$60 copay for urgently needed services per visit.</p>

Section 2.6 – Changes to Part D Prescription Drug Coverage

Changes to Our Drug List

Our list of covered drugs is called a Formulary or “Drug List.” A copy of our Drug List is provided electronically.

We made changes to our Drug List, including changes to the drugs we cover and changes to the restrictions that apply to our coverage for certain drugs. **Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions.**

If you are affected by a change in drug coverage, you can:

- **Work with your doctor (or other prescriber) and ask the plan to make an exception** to cover the drug. **We encourage current members** to ask for an exception before next year.
 - To learn what you must do to ask for an exception, see Chapter 9 of your *Evidence of Coverage (What to do if you have a problem or complaint (coverage decisions, appeals, complaints))* or call Customer Service.
- **Work with your doctor (or other prescriber) to find a different drug** that we cover. You can call Customer Service to ask for a list of covered drugs that treat the same medical condition.

In some situations, we are required to cover a temporary supply of a non-formulary drug in the first 90 days of the plan year or the first 90 days of membership to avoid a gap in therapy. For 2020, members in long term care (LTC) facilities will now receive a temporary supply that is the same amount of temporary days supply provided in all other cases: 31 days of medication rather than the amount provided in 2019 (98 days of medication). (To learn more about when you can get a temporary supply and how to ask for one, see Chapter 5, Section 5.2 of the *Evidence of Coverage*.) During the time when you are getting a temporary supply of a drug, you should talk with your doctor to decide what to do when your temporary supply runs out. You can either switch to a different drug covered by the plan or ask the plan to make an exception for you and cover your current drug.

If you have already been approved to receive a medication, your approval is valid through the date listed on your approval letter. Most exceptions are approved for 1 year, although some are only approved through the end of the calendar year.

Most of the changes in the Drug List are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules.

Starting in 2020, we may immediately remove a brand name drug on our Drug List if, at the same time, we replace it with a new generic drug on the same or lower cost-sharing tier and with the same or fewer restrictions. Also, when adding the new generic drug, we may decide to keep the brand name drug on our Drug List, but immediately move it to a different cost-sharing tier or add new restrictions. This means, for instance, if you are taking a brand name drug that is being replaced or moved to a higher cost-sharing tier, you will no longer always get notice of the change 30 days before we make it or get a month's supply of your brand name drug at a network pharmacy. If you are taking the brand name drug, you will still get information on the specific change we made, but it may arrive after the change is made.

When we make these changes to the Drug List during the year, you can still work with your doctor (or other prescriber) and ask us to make an exception to cover the drug. We will also continue to update our online Drug List as scheduled and provide other required information to reflect drug changes. (To learn more about changes we may make to the Drug List, see Chapter 5, Section 6 of the *Evidence of Coverage*.)

Changes to Prescription Drug Costs

Note: If you are in a program that helps pay for your drugs (“Extra Help”), **the information about costs for Part D prescription drugs may not apply to you.** We sent you a separate insert, called the “Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs” (also called the “Low Income Subsidy Rider” or the “LIS Rider”), which tells you about your drug costs. If you receive “Extra Help” and didn’t receive this insert with this packet, please call Customer Service and ask for the “LIS Rider.” Phone numbers for Customer Service are in Section 7.1 of this booklet.

There are four “drug payment stages.” How much you pay for a Part D drug depends on which drug payment stage you are in. (You can look in Chapter 6, Section 2 of your *Evidence of Coverage* for more information about the stages.)

The information below shows the changes for next year to the first two stages – the Yearly Deductible Stage and the Initial Coverage Stage. (Most members do not reach the other two stages – the Coverage Gap Stage or the Catastrophic Coverage Stage. To get information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in the *Evidence of Coverage*, which is located on our website at www.hap.org/medicare. You may also call Customer Service to ask us to mail you an *Evidence of Coverage*.)

Changes to the Deductible Stage

Stage	2019 (this year)	2020 (next year)
Stage 1: Yearly Deductible Stage	Because we have no deductible, this payment stage does not apply to you.	Because we have no deductible, this payment stage does not apply to you.

Changes to Your Cost-sharing in the Initial Coverage Stage

To learn how copayments and coinsurance work, look at Chapter 6, Section 1.2, *Types of out-of-pocket costs you may pay for covered drugs* in your *Evidence of Coverage*.

Stage	2019 (this year)	2020 (next year)
Stage 2: Initial Coverage Stage	Your cost for a one-month supply at a network pharmacy:	Your cost for a one-month supply at a network pharmacy:
During this stage, the plan pays its share of the cost of your drugs and you pay your share of the cost.	Preferred Generics: <i>Standard cost-sharing:</i> You pay \$7 per prescription.	Preferred Generics: <i>Standard cost-sharing:</i> You pay \$7 per prescription.
The costs in this row are for a one-month (30-day) supply when you fill your prescription at a network pharmacy. For information about the costs for a long-term supply or for mail-order prescriptions, look in Chapter 6, Section 5 of your <i>Evidence of Coverage</i> .	<i>Preferred cost-sharing</i> You pay \$0 per prescription	<i>Preferred cost-sharing</i> You pay \$0 per prescription
We changed the tier for some of the drugs on our Drug List. To see if your drugs will be in a different tier, look them up on the Drug List.	Generics: <i>Standard cost-sharing:</i> You pay \$15 per prescription. <i>Preferred cost-sharing</i> You pay \$10 per prescription	Generics: <i>Standard cost-sharing:</i> You pay \$15 per prescription. <i>Preferred cost-sharing</i> You pay \$10 per prescription
	Preferred Brand: <i>Standard cost-sharing:</i> You pay \$47 per prescription. <i>Preferred cost-sharing</i> You pay \$42 per prescription	Preferred Brand: <i>Standard cost-sharing:</i> You pay \$47 per prescription. <i>Preferred cost-sharing</i> You pay \$42 per prescription
	Non-Preferred Drug: <i>Standard cost-sharing:</i> You pay 48% of the total cost.	Non-Preferred Drug: <i>Standard cost-sharing:</i>

Stage	2019 (this year)	2020 (next year)
	<i>Preferred cost-sharing</i> You pay 45% of the total cost	You pay 42% of the total cost.
	Specialty Tier: <i>Standard cost-sharing:</i> You pay 33% of the total cost.	<i>Preferred cost-sharing</i> You pay 40% of the total cost
	<i>Preferred cost-sharing</i> You pay 33% of the total cost	Specialty Tier: <i>Standard cost-sharing:</i> You pay 33% of the total cost.
	Once your total drug costs have reached \$3,820, you will move to the next stage (the Coverage Gap Stage).	<i>Preferred cost-sharing</i> You pay 33% of the total cost
		<i>Preferred cost-sharing</i> You pay 33% of the total cost Once your total drug costs have reached \$4,020, you will move to the next stage (the Coverage Gap Stage).

Changes to the Coverage Gap and Catastrophic Coverage Stages

The other two drug coverage stages – the Coverage Gap Stage and the Catastrophic Coverage Stage – are for people with high drug costs. **Most members do not reach the Coverage Gap Stage or the Catastrophic Coverage Stage.** For information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in your *Evidence of Coverage*.

SECTION 3 Deciding Which Plan to Choose

Section 3.1 – If you want to stay in HAP Senior Plus Option 1

To stay in our plan you don’t need to do anything. If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically stay enrolled as a member of our plan for 2020.

Section 3.2 – If you want to change plans

We hope to keep you as a member next year but if you want to change for 2020 follow these steps:

Step 1: Learn about and compare your choices

- You can join a different Medicare health plan timely,
- – *OR*– You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan. If you do not enroll in a Medicare drug plan, please see Section 2.1 regarding a potential Part D late enrollment penalty.

To learn more about Original Medicare and the different types of Medicare plans, read *Medicare & You 2020*, call your State Health Insurance Assistance Program (see Section 6), or call Medicare (see Section 8.2).

You can also find information about plans in your area by using the Medicare Plan Finder on the Medicare website. Go to <https://www.medicare.gov> and click “Find health & drug plans.” **Here, you can find information about costs, coverage, and quality ratings for Medicare plans.**

As a reminder, *Alliance Health And Life Insurance Company* offers other Medicare health plans and Medicare prescription drug plans. These other plans may differ in coverage, monthly premiums, and cost-sharing amounts.

Step 2: Change your coverage

- To change to a different Medicare health plan, enroll in the new plan. You will automatically be disenrolled from *HAP Senior Plus Option 1*.
- To change to Original Medicare with a prescription drug plan, enroll in the new drug plan. You will automatically be disenrolled from *HAP Senior Plus Option 1*.
- To change to Original Medicare without a prescription drug plan, you must either:
 - Send us a written request to disenroll. Contact Customer Service if you need more information on how to do this (phone numbers are in Section 8.1 of this booklet).
 - – *OR* – Contact **Medicare**, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

SECTION 4 Deadline for Changing Plans

If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 until December 7**. The change will take effect on January 1, 2020.

Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. For example, people with Medicaid, those who get “Extra Help” paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area may be allowed to make a

change at other times of the year. For more information, see Chapter 10, Section 2.3 of the *Evidence of Coverage*.

If you enrolled in a Medicare Advantage Plan for January 1, 2020, and don't like your plan choice, you can switch to another Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without Medicare prescription drug coverage) between January 1 and March 31, 2020. For more information, see Chapter 10, Section 2.2 of the *Evidence of Coverage*.

SECTION 5 Programs That Offer Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is a government program with trained counselors in every state. In Michigan, the SHIP is called Michigan Medicare/Medicaid Assistance Program.

Michigan Medicare/Medicaid Assistance Program is independent (not connected with any insurance company or health plan). It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. Michigan Medicare/Medicaid Assistance Program counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call Michigan Medicare/Medicaid Assistance Program at (800) 803-7174. You can learn more about Michigan Medicare/Medicaid Assistance Program by visiting their website (<http://www.mmapinc.org>).

SECTION 6 Programs That Help Pay for Prescription Drugs

You may qualify for help paying for prescription drugs.

- **“Extra Help” from Medicare.** People with limited incomes may qualify for “Extra Help” to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not have a coverage gap or late enrollment penalty. Many people are eligible and don't even know it. To see if you qualify, call:
 - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
 - The Social Security Office at 1-800-772-1213 between 7 am and 7 pm, Monday through Friday. TTY users should call 1-800-325-0778 (applications); or
 - Your State Medicaid Office (applications).
- **Prescription Cost-sharing Assistance for Persons with HIV/AIDS.** The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with

HIV/AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the Michigan Drug Assistance Program, HIV Care Section, 888-826-6565 (toll-free). For information on eligibility criteria, covered drugs, or how to enroll in the program, please call Michigan Drug Assistance Program, HIV Care Section, 888-826-6565 (toll-free).

SECTION 7 Questions?

Section 7.1 – Getting Help from HAP Senior Plus Option 1

Questions? We're here to help. Please call Customer Service at (888) 658-2536. (TTY only, call 711). We are available for phone calls Hours are: April 1st through September 30th Monday through Friday, 8 a.m. to 8 p.m.; October 1st through March 31st Seven days a week, 8 a.m. to 8 p.m. Prescription drug benefit related calls: Available 24 hours a day, seven days a week.

Read your 2020 Evidence of Coverage (it has details about next year's benefits and costs)

This *Annual Notice of Changes* gives you a summary of changes in your benefits and costs for 2020. For details, look in the 2020 *Evidence of Coverage* for HAP Senior Plus Option 1. The *Evidence of Coverage* is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the *Evidence of Coverage* is located on our website at www.hap.org/medicare. You may also call Customer Service to ask us to mail you an *Evidence of Coverage*.

Visit our Website

You can also visit our website at www.hap.org/medicare. As a reminder, our website has the most up-to-date information about our provider network (Provider Directory) and our list of covered drugs (Formulary/Drug List).

Section 7.2 – Getting Help from Medicare

To get information directly from Medicare:

Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Visit the Medicare Website

You can visit the Medicare website (<https://www.medicare.gov>). It has information about cost, coverage, and quality ratings to help you compare Medicare health plans. You can find information about plans available in your area by using the Medicare Plan Finder on the Medicare website. (To view the information about plans, go to <https://www.medicare.gov> and click on “Find health & drug plans.”)

Read *Medicare & You 2020*

You can read *Medicare & You 2020* Handbook. Every year in the fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this booklet, you can get it at the Medicare website (<https://www.medicare.gov>) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.



HAP Senior Plus Option 1 Customer Service

Method	Customer Service – Contact Information
CALL	(888) 658-2536. Calls to this number are free. Our normal business hours are: April 1 st through September 30 th : Monday through Friday, 8 a.m. to 8 p.m.; October 1 st through March 31 st : Seven days a week, 8 a.m. to 8 p.m. Prescription drug benefit related calls: Available 24 hours a day, seven days a week.
TTY	711. Calls to this number are free. Our normal business hours are: April 1 st through September 30 th : Monday through Friday, 8 a.m. to 8 p.m.; October 1 st through March 31 st : Seven days a week, 8 a.m. to 8 p.m. Prescription drug benefit related calls: Available 24 hours a day, seven days a week.
FAX	(313) 664-8400
WRITE	HAP Medicare Solutions, ATTN: Customer Service, 2850 West Grand Blvd, Detroit, MI 48202
WEBSITE	www.hap.org/medicare

Michigan Medicare/Medicaid Assistance Program

Michigan Medicare/Medicaid Assistance Program is a state program that gets money from the Federal government to give free local health insurance counseling to people with Medicare.

Method	Contact Information
CALL	(800) 803-7174
TTY	711. Calls to this number are free. Our normal business hours are: April 1 st through September 30 th : Monday through Friday, 8 a.m. to 8 p.m.; October 1 st through March 31 st : Seven days a week, 8 a.m. to 8 p.m. Prescription drug benefit related calls: Available 24 hours a day, seven days a week.
WRITE	6105 West St. Joseph, Suite 204, Lansing, MI 48917-4850
WEBSITE	www.hap.org/medicare

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