



CMS Webinar Coming Soon!

The Centers for Medicare & Medicaid Services is offering the following training opportunity:

Title: Strategies for non-opioid pain management: a panel discussion

Date: Tuesday, November 10, 2020

Time: 2:30 p.m. to 3:30 p.m. ET

This panel will discuss non-opioid pain management strategies for dually eligible individuals, including:

- Effective, person-centered pain management options
- Challenges health plans and clinicians face in providing effective chronic pain management support
- Strategies for addressing pain needs during the COVID-19 pandemic

More details, including the registration link, can be found on the attached notice from CMS.

The CMS Medicare-Medicaid Coordination Office (MMCO) is pleased to announce the following training opportunity:

Strategies for Non-Opioid Pain Management: A Panel Discussion

Date/Time: Tuesday November 10, 2020 - 2:30 pm – 3:30 pm ET

Registration Link: [https://www.resourcesforintegratedcare.com/2020_Webinar/Non-Opioid Pain Management Panel Discussion](https://www.resourcesforintegratedcare.com/2020_Webinar/Non-Opioid_Pain_Management_Panel_Discussion)

Chronic pain is a common health concern in the United States, particularly among people dually eligible for Medicare and Medicaid.^{i,ii} However, clinicians face challenges in treating pain in a manner that meets the needs and preferences of people experiencing pain. While opioids are commonly prescribed to treat acute and chronic pain, there are ongoing considerations surrounding their risks and benefits.ⁱⁱⁱ Inappropriately treated pain may result in the increased use of illicit drugs and other substances to help relieve pain, substance use disorder, as well as increased suicide risk.^{iv}

In treating chronic pain, it is important for providers and health plans to adopt pain management strategies that are person-centered, tailored to each individual, and that optimize health, function, and quality of life.^{v,vi} Experts recommend that pain management be integrated, multimodal, interdisciplinary, evidence-based, and individualized, in keeping with the biopsychosocial model of pain.^{vii,viii,ix} Health plans and providers may also need additional strategies for adequately addressing pain needs due to the increased challenges posed by COVID-19, including less access to pain management treatment, increased stress and isolation, and increased substance use to address untreated pain.^{x,xi}

This panel will discuss non-opioid pain management strategies for dually eligible individuals, including effective, person-centered pain management options; challenges health plans and clinicians face in providing effective chronic pain management support; and strategies for addressing pain needs during the COVID-19 pandemic.

By the end of this panel discussion, participants should be able to:

- Identify non-opioid pain management options available for individuals experiencing chronic pain
- Describe key considerations for implementing a person-centered approach to pain management
- Identify barriers to treating chronic pain during the COVID-19 pandemic

Featured Speakers:

- Beth Darnall, PhD, Clinical Professor, Stanford University School of Medicine, Department of Anesthesiology, Perioperative and Pain Medicine
- Eve Gelb, Senior Vice President, Member and Community Health, SCAN Health Plan
- Donna Lynn Foster, Member/advocate, SCAN Health Plan

Intended Audience:

The target audience for this webinar includes providers and health care professionals serving people experiencing pain; and staff at health plans, including Medicare-Medicaid Plans (MMPs), Dual Eligible Special Needs Plans (D-SNPs), and managed LTSS plans.

Registration Information:

After clicking the registration link hosted on <https://www.resourcesforintegratedcare.com> and completing the registration form, you will receive an email from do_not_reply@on24event.com containing event log-on information. The email also contains an attachment that, when opened, will save the event log-on information to an Outlook calendar.

Viewing the Event:

On the day of the live event, please use the web link to join the webinar. You can access the platform using a computer, smart phone, or tablet. The audio portion of the presentation will automatically stream through your computer/device speakers. Please make sure that the volume on your speakers is turned up. Phone dial-in information will also be available during the live event if you are unable to listen to the audio through the computer/device speakers.

For individuals that will be **away** from a computer, smart phone, or tablet on the day of the live webinar event, please email us at RIC@lewin.com to request dial-in information.

Due to high demand on technical platforms as a result of COVID-19, it is possible that some users may experience challenges in accessing the live event. If you experience difficulty logging in or for any reason are unable to attend, note that the event recording will be available to view “On-Demand” approximately 45 minutes after the conclusion of the event. You can access the “On-Demand” recording at any time by clicking the registration link. If you have questions for presenters ahead of the live event, please submit those through the registration form. If you have any questions after viewing the live or “On-Demand” event, please email us at RIC@lewin.com.

Resources for Integrated Care (RIC) develops and disseminates technical assistance and actionable tools for providers of beneficiaries dually eligible for Medicare and Medicaid based on successful innovations and care models. The RIC website features additional resources and tools for providers and health plans, available at <https://www.resourcesforintegratedcare.com>. RIC is supported by the CMS Medicare-Medicaid Coordination Office.

Please contact RIC@lewin.com or Gretchen.nye1@cms.hhs.gov with any questions.

ⁱ National Institutes of Health. (n.d.) The Role of Opioids in the Treatment of Chronic Pain. Retrieved from: <https://prevention.nih.gov/research-priorities/research-needs-and-gaps/pathways-prevention/role-opioids-treatment-chronic-pain>

ⁱⁱ Dahlhamer, J., Lucas, J., Zelaya, C., Nahin, R., Mackey, S., DeBar, L., ... Helmick, C. (2018). Prevalence of chronic pain and high-impact chronic pain among adults. *Morbidity and Mortality Weekly Report*, 67, 1001-1006. <http://dx.doi.org/10.15585/mmwr.mm6736a2>

ⁱⁱⁱ National Institutes of Health. (n.d.)

^{iv} U.S. Department of Health and Human Services. (2019). Pain Management Best Practices Inter-Agency Task Force Report: Updates, Gaps, Inconsistencies, and Recommendations. Retrieved from: <https://www.hhs.gov/ash/advisory-committees/pain/reports/index.html>

^v Institute of Medicine (US) Committee on Advancing Pain Research, Care, and Education. (2011). *Relieving Pain in America: A Blueprint for Transforming Prevention, Care, Education, and Research*. National Academies Press. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK92510/>

^{vi} U.S. Department of Health and Human Services. (2019).

^{vii} National Academies of Sciences, Engineering, and Medicine. (2017). Pain Management and the Opioid Epidemic: Balancing Societal and Individual Benefits and Risks of Prescription Opioid Use. *National Academies Press (US)*; 2, Pain Management and the Intersection of Pain and Opioid Use Disorder. Retrieved from: <https://www.ncbi.nlm.nih.gov/books/NBK458655/>

^{viii} U.S. Department of Health and Human Services. (2019).

^{ix} U.S. Department of Health and Human Services. (2016). National Pain Strategy: A Comprehensive Population Health-Level Strategy for Pain. Retrieved from: https://www.iprcc.nih.gov/sites/default/files/HHSNational_Pain_Strategy_508C.pdf

^x Haley, D.F., Saitz, R. (2020) The Opioid Epidemic During the COVID-19 Pandemic. *JAMA*. Retrieved from: <https://jamanetwork.com/journals/jama/fullarticle/2770985>

^{xi} Eccleston, C., Blyth, F.M., Dear, B.F., Fisher, E.A., Keefe, F.J., Lynch, M. E.; Palermo, T.M., Reid, M.C., Williams, A.C. (2020). Managing patients with chronic pain during the COVID-19 outbreak: considerations for the rapid introduction of remotely supported (eHealth) pain management services. *PAIN*, 161(5), 889-893. Retrieved from: https://journals.lww.com/pain/fulltext/2020/05000/managing_patients_with_chronic_pain_during_the.3.aspx