



# Get Healthy. Win Prizes.

## Challenge: Financial Focus

**Registration Opens:**  
**September 17**

**Challenge Begins**  
**October 1**

**Challenge Ends:**  
**October 31**

### Take on your financial well-being this month!

With the holidays quickly approaching, it is easy to lose track of your financial goals. This encouragement & accountability challenge pushes you to focus on your financial well-being. Figure out what your savings goals are and what you would like to accomplish this month. Set aside a daily dollar amount your budget can afford.

Whether it's one penny, one dollar or ten dollars, it all adds up. Take on your financial well-being this month! Track that you have stayed on track with your financial goal at least 15 of the 31 days to be entered into a drawing to win a gift card. **Registration ends October 7, 2025.**

**Prize drawing: \$100/person,  
5 winners\***



Track at least 15 of the 31 days to be entered into a drawing to win a gift card.

### Who is eligible?

All HAP members.

### HAP Members

1. Go to **hap.org** and log in.
2. Click on the *My Health and Wellness* tab.
3. Click on *iStrive for better health*.
4. Enroll in the *Keep the Change Challenge* on the iStrive home page.
5. Log your progress throughout the challenge.

### Prize information\*

All participants that meet the minimum participation requirements will be entered into the prize drawing. HAP, Henry Ford Health and OptimEyes employees and family members covered by HAP insurance, and non-members participating in employer sponsored programs are not eligible for the prize drawing.

HAP and its subsidiaries do not discriminate on the basis of race, color, national origin, disability, age, sex, gender identity, sexual orientation or health status in the administration of the plan, including enrollment and benefit determinations.