



# Get Healthy. Win Prizes.

## Challenge: Financial Focus

**Registration Opens:**  
September 17

**Challenge Begins**  
October 1

**Challenge Ends:**  
October 31

### Take on your financial well-being this month!

With the holidays quickly approaching, it is easy to lose track of your financial goals. This encouragement & accountability challenge pushes you to focus on your financial well-being. Determine what your goals are and what you would like to accomplish this month. You can have one or multiple goals such as saving a certain amount each week, meeting with your financial advisor, creating a budget, or paying off debt. Track that you have stayed on track with your financial goal for at least 15 of the 31 days to be entered into a drawing to win a gift card. Registration ends October 8, 2024.



#### Who is eligible?

All HAP Members

#### HAP Members

1. Go to **hap.org** and log in.
2. Click on the *My Health and Wellness* tab.
3. Click on *iStrive for better health*.
4. Enroll in the *Financial Focus Challenge* on the iStrive home page.
5. Log your progress throughout the challenge.

#### Prize information\*

All participants that meet the minimum participation requirements will be entered into the prize drawing. HAP, Henry Ford Health and OptimEyes employees and family members covered by HAP insurance, and non-members participating in employer sponsored programs are not eligible for the prize drawing.

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