

At HAP, your health is our priority!

That's why we offer a wide range of women's health programs to help you lead your best life – from weight loss and nutritional programs to smoking cessation. And with our Maternity Services Program, we've got you covered.



HAP has teamed up with **ProgenyHealth**[®] to give you comprehensive maternity support – at no cost to you. With ProgenyHealth, you can:



Call a ProgenyHealth Case Manager who will help you with:

- **Maternity education**, support and encouragement
- **Setting up** doctor visits, keeping your appointments and making care plans
- **Helping** you find free or low-cost resources not covered by your plan



Use the Mobile App so you can:

- **Create** your own experience
- **Track** your pregnancy with updates
- **Contact** your ProgenyHealth Case Manager





Download the Parenting Mobile App Today!

Follow these easy steps to get started:



STEP ONE

Scan the QR code

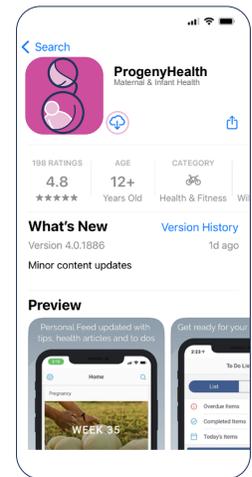


<https://prgnyhlth.onelink.me/LHEz/hmf>



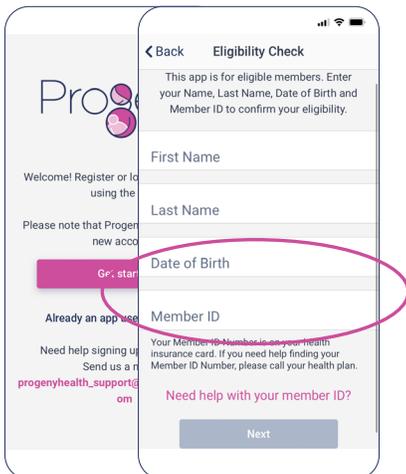
STEP TWO

Look for ProgenyHealth Download the ProgenyHealth App



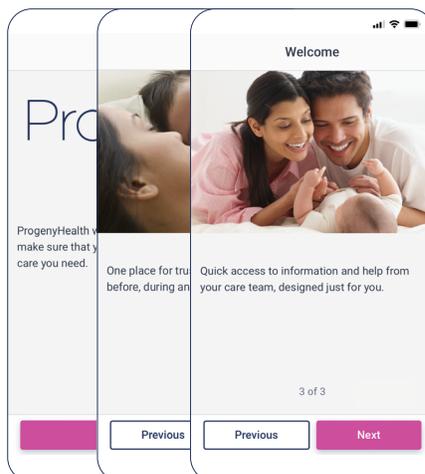
STEP THREE

Open the App Enter date of birth and ID



STEP FOUR

Click the buttons to start using the App



STEP FIVE

Read about your pregnancy in the Learn Library



Call us today to talk to a ProgenyHealth Case Manager
TOLL FREE: 1-855-231-4730 8:30 AM - 5:00 PM
www.hap.org/maternity

