

**HAP
IS HERE**

Enhancing your exercise experience

Get an Active&Fit Direct™ fitness membership for \$25/month.

HAP's Active&Fit Direct program makes it easy for you to get on the path to a happier, healthier life through regular exercise.

Choose from 10,000+ participating fitness centers with flexibility to change anytime, for just \$25/mo. (plus a \$25 enrollment fee and applicable taxes). No long-term contract!

You can join Active&Fit Direct in four easy steps.

1 REGISTER

1. Log in to **hap.org**. The only way to register is online.
2. Go to Quick Links and click on **HAP Member Discounts**.
3. Complete the registration process to create your account.

2 FIND

With 10,000+ participating fitness centers nationwide (more than 300 in Michigan), you can switch fitness centers anytime to find your perfect fit. Members can search the online directory for some of the nation's finest fitness centers in their area.

3 ENROLL

Each participant pays:

- \$25 enrollment fee
- \$25 monthly fee for the current month
- \$25 for the next month
- Applicable taxes

Recurring \$25 monthly payments start the second month. Fees are per participant and paid directly to Active&Fit Direct.

4 ENJOY

Once you register, you can view your fitness card. Print or take a screenshot of the card and take it to the participating fitness center to get an access card to that center. If you're already a member of the fitness center, you need to freeze your current contract. You can work out as much or as little as you want. There's no minimum visits.

To learn more how your HAP membership can save you money while keeping you healthy, visit **hap.org/memberdiscounts**.

The Active&Fit Direct program is provided by American Specialty Health Fitness, Inc., a subsidiary of American Specialty Health Incorporated. Active&Fit Direct is a trademark of ASH and used with permission herein.

HAP and its subsidiaries do not discriminate on the basis of race, color, national origin, disability, age, sex, gender identity, sexual orientation or health status in the administration of the plan, including enrollment and benefit determinations.

©2020 HAP – a nonprofit company

