Simple Fruit Sorbet

Yield: 2 servings

**Ingredients:**
- ¾ cup canned coconut cream
- 2-3 cups frozen fruit (strawberries, peaches, mangoes, or pineapple)
- 1 tablespoon honey

**Directions:**
Add coconut milk and 2 cups of frozen fruit to a food processor and blend until smooth. Adjust consistency by adding more fruit to thicken, if necessary. Finish by blending in honey to taste. Serve immediately.