

Community Mental Health Agencies

Mid-State Health Network (MSHN)

MSHN is the Prepaid Inpatient Health Plan (PIHP) for 21 Michigan counties and partners with the Community Mental Health (CMH) agencies in these counties. MSHN, CMH and local providers offer mental health services to:

- Adults with severe and persistent mental illness
- Children with severe emotional disturbance
- Individuals with intellectual/developmental disabilities
- Individuals with substance use disorders

For more information, visit midstatehealthnetwork.org

Help for Pregnant Women

Call the Community Mental Health Access Center in the county of residence:

- Huron County Behavioral Health (800) 356-5568
- Shiawassee Health and Wellness (800) 622-4514
- Tuscola Behavioral Health System (800) 462-6814

Services include:

- Screening over the phone for:
 - Appropriate treatment options
 - Risk of withdrawal, mental health concerns, etc.
- If substance use is identified as a need, an admission to submission use disorder treatment is offered within 24-48 hours for pregnant women.
- For opioid use disorders, the caller is:
 - Given information medication-assisted treatment options
 - Referred to an appropriate outpatient or residential MAT provider
- Prior authorization for service is not required.
- For questions or to refer a person to the right program, call the MSHN Utilization Management Department. They can be reached at **(844) 405-3095 (24 hours, 7 days)**.

Region 10 Pre-Paid Inpatient Health Plan (PIHP)

- Genesee County: **(877) 346-3648**
- Lapeer, Sanilac or St. Clair counties: **(888) 225-4447**

For more information, visit region10pihp.org and select *Services & Supports*.

Other Resources

For Michigan residents with mild to moderate mental health issues

Refer patient to the local Federally Qualified Health Center (FQHC). FQHCs offer both OBGYN and in-house behavioral health and social support services. Most FQHCs have prenatal education classes and offer in-home nursing visits for a period of time following the birth of the child in order to continue to support the parent from a medical as well as social/emotional health standpoint.