



## **Pregnancy Resources to Help You Care for Your HAP Empowered Patients**

The Michigan Child Collaborative Care (MC3) program offers psychiatry support to primary care providers and perinatal providers who are managing patients with behavioral health problems, including:

- Children
- Adolescents
- Young adults through age 26
- Women who are contemplating pregnancy, pregnant or postpartum (up to one year)

For more information, please see the attached flyer from MC3.

Through The Black Mothers' Breastfeeding Association (BMBFA), there is the Black Mothers' Breastfeeding Club. They meet virtually the first and third Wednesday of the month.

For more information, please see the attached flyer from the BMBFA.

Both flyers will be posted on our website. Visit [hap.org/empoweredproviders](http://hap.org/empoweredproviders), then *Maternity Resources*.

# MC3



## 1 IN 5 CHILDREN

have at least one diagnosable  
mental health condition<sup>1</sup>



## 1 IN 7 WOMEN

cared for by perinatal providers  
suffer from depression or anxiety<sup>2</sup>

**The majority of women and children who have depression or anxiety do not receive treatment. That's where MC3 comes in.**

The Michigan Child Collaborative Care (MC3) program began in 2012 and is funded by the Michigan Department of Health and Human Services. MC3 offers no cost psychiatry support to pediatric and perinatal providers in Michigan through same-day phone consultations to offer guidance on diagnostic questions, safe medications, and appropriate psychotherapy.

## How does MC3 work?



**Provider/clinic staff  
initiates consultation**



**Behavioral Health Consultant  
triages consult request and  
provides resources**



**Psychiatrist and  
provider connect**



**Consult summary  
sent to provider**

## How to sign up:

Visit  
**the sign up page on our website**  
or scan the QR code to sign up.



## For more information:



**MC3Michigan.org**



**mc3-admin@med.umich.edu**



**734-474-0078**

MC3 is supported by funds from the Michigan Department of Health and Human Services

## MC3 Process

- Consult requests can be initiated by anyone in the practice with knowledge about the patient
- Consults can be submitted either by phone or online; regional phone numbers and a secure online form are available on our website
- Call with psychiatrist will need to be with the prescribing provider
- Behavioral Health Consultants (BHCs) can provide consultations on resources

## Who is eligible to participate?

Providers in Michigan are eligible to participate in the program. This includes MDs, DOs, NPs, PAs, and CNMs in family medicine, pediatric, OB/Gyn, and psychiatry practices.

## Additional Key MC3 Offerings



Telepsychiatry patient evaluations



Live and remote trainings offered regionally and statewide



Workflow analysis to better integrate screening, care coordination, and MC3 services



Local and regional behavioral health resource and referral navigation



Scheduled educational group case consultation with MC3 psychiatrist

## What is not included in MC3?

MC3 is not an emergency service. MC3 psychiatrists do not prescribe medication or provide ongoing treatment, but rather support providers as they provide care.

## MC3 Perinatal Expansion

The MC3 Perinatal Expansion is funded by the Michigan Department of Health and Human Service as part of the Governor's *Healthy Moms, Healthy Babies* initiative to make psychiatry consultations and integrated telehealth screening and counseling more widely available in select counties in Southeast Michigan. With this funding, the program is implementing the *High Touch, High Tech (HT2)* app in multiple prenatal clinics in Southeast Michigan with the goal of achieving full coverage. The HT2 app provides universal tablet-based e-screening for behavioral health issues while the patient awaits the OB appointment and allows immediate, real-time linkage to care coordination and brief counseling provided by specially-trained remote Behavioral Health Consultants. The program is also creating a virtual, interactive perinatal toolkit including resources for both providers and patients.

**Sources:** **1)** Merikangas, K., et al. (2010) Lifetime Prevalence of Mental Disorders in US Adolescents: Results of the National Comorbidity Survey Replication-Adolescent Supplement. *Journal of American Academy of Child and Adolescent Psychiatry* 49(10):980-989. doi: 10.1016/j.jaac.2010.05.017; **2)** National Institute of Mental Health, 2018, CDC, PRAMS, 2018



# Black Mothers' Breastfeeding Association



## Fall/Winter 2021

**VIRTUAL VIA ZOOM**  
**1st & 3rd Wednesdays, 6-7pm**



November 3rd & 17th  
December 1st & 15th



Stay updated:

Text BMBFA to 82257 or  
download the  
BMBFA B'Right Hub .



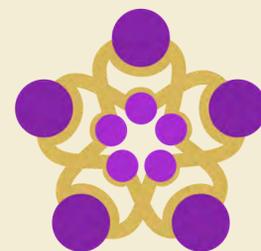
@BMBFA



Facebook  
Group

Black Mothers  
Breastfeeding  
Club of Detroit

More info: [www.BMBFA.org](http://www.BMBFA.org)  
[EricaD@BMBFA.org](mailto:EricaD@BMBFA.org) or (517) 285-9718



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