

**HAP
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with how to protect yourself from pneumococcal disease

- Pneumococcal disease is caused by bacteria. It can cause pneumonia, blood infections, and meningitis. This can lead to deafness, brain damage, and even death.
- Anyone can get pneumococcal disease. You're at greater risk if you're 65 or older, very young, or have certain health issues. You can catch pneumococcal bacteria from infected people who cough or sneeze near you.
- Even with good medical care, pneumococcal disease can be deadly. The disease is hard to treat since some bacteria are resistant to antibiotics.
- The Centers for Disease Control (CDC) recommends pneumococcal vaccination for all children younger than 2 years old and all adults 65 years or older.
- There are two vaccines that can prevent pneumococcal disease.
 - PPSV23 (Pneumovax 13®)
 - PCV13 (Pneumovax23®)
- If you're not sure which vaccine to get, talk to your doctor.
- HAP covers the cost of the vaccines.

For more information

<https://www.cdc.gov/vaccines/vpd/pneumo/public/index.html>