

At HAP, your health is our priority!

That's why we offer a wide range of women's health programs to help you lead your best life – from weight loss and nutritional programs to smoking cessation. And with our Maternity Services Program, we've got you covered.



HAP has teamed up with **ProgenyHealth**[®] to give you comprehensive maternity support – at no cost to you. With ProgenyHealth, you can:



Call a ProgenyHealth Case Manager who will help you with:

- **Maternity education**, support and encouragement
- **Setting up** doctor visits, keeping your appointments and making care plans
- **Helping** you find free or low-cost resources not covered by your plan



Use the Mobile App so you can:

- **Create** your own experience
- **Track** your pregnancy with updates
- **Contact** your ProgenyHealth Case Manager





Download the Parenting Mobile App Today!

Follow these easy steps to get started:

✓ STEP ONE

Scan the QR code

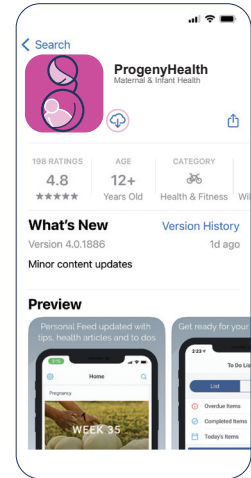


<https://prgnyhlth.onelink.me/LHEz/hmf>

✓ STEP TWO

Look for ProgenyHealth

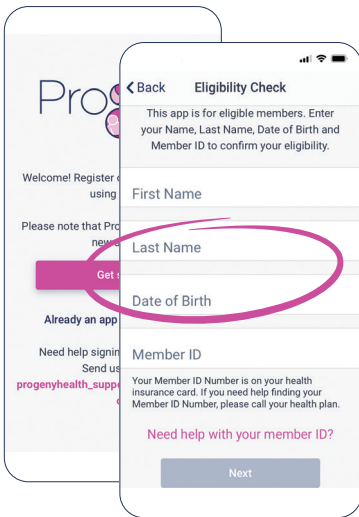
Download the ProgenyHealth App



✓ STEP THREE

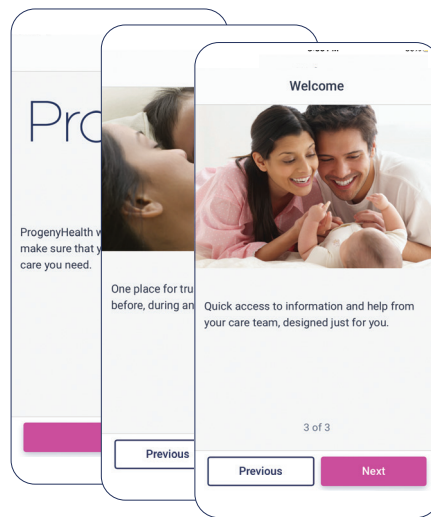
Open the App

Enter date of birth and ID



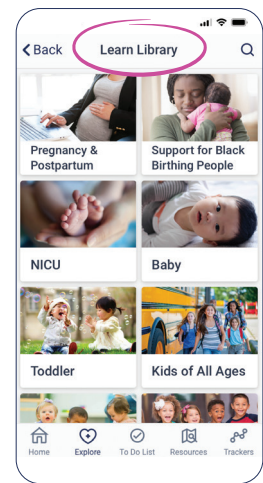
✓ STEP FOUR

Click the buttons to start using the App



✓ STEP FIVE

Read about your pregnancy in the Learn Library



Call us today to talk to a ProgenyHealth Case Manager
TOLL FREE: 1-855-231-4730 8:30 AM - 5:00 PM
www.hap.org/maternity

