



Southeast Michigan Community Wellness Resource Directory

State of Michigan and County Health Departments

Providers of community health education and materials on various topics within their county. Please contact your local health department for available services.

Michigan Department of Community Health

Capitol View Building

201 Townsend Street

Lansing, Michigan 48913

<http://www.michigan.gov/mdch>

(517) 373-3740

Livingston County Health Department

2300 East Grand River Avenue, Suite 102

Howell, MI 48843

<http://www.lchd.org>

(517) 546-9850

Macomb County Health Department

43525 Elizabeth Road

Mt. Clemens, MI 48043

<http://www.macombcountymi.gov/publichealth>

(586) 469-5235

Oakland County Health Department

1200 North Telegraph, Building 36 East

Pontiac, Michigan, 48341

<http://www.oakgov.com/health>

(248) 424-7172

Washtenaw County Health Department

555 Towner St.

P.O. Box 915

Ypsilanti, MI 48197

http://www.ewashtenaw.org/government/departments/public_health

(734) 544-6700

Wayne County Health Department

33030 Van Born Road

Wayne, MI 48184

<http://www.waynecounty.com/hhSvcs>

(734) 727-7000



Detroit Department of Health and Wellness Promotion (City Health Department)
Herman Kieffer Health Complex
1151 Taylor
Detroit, MI 48202
<http://www.dethealth.org>
(313) 876-4000

Alzheimer's Resources

Alzheimer's Association Greater Michigan Chapter

A health organization dedicated to researching, preventing, and curing Alzheimer's disease and related disorders.
20300 Civic Center, Suite 100
Southfield, MI 48076
<http://www.alzgm.org>
(248) 351-0280

Arthritis Resources

The Arthritis Foundation Michigan Chapter

The local division of the Arthritis Foundation, providing education and research for all of the more than 100 forms of arthritis.
1050 Wilshire Drive
Suite 302
Troy, MI 48084
<http://ww2.arthritis.org/Communities/Chapters/Chapter.asp?chapid=29>
(248) 649-2891

Cancer Resources-General

American Cancer Society

A nationwide, community-based organization with the goal of eliminating cancer, preventing cancer, increasing research and diminish the suffering of those with cancer.
18505 W. 12 Mile Rd.
Southfield, MI 48076
<http://www.cancer.org>
(248) 557-5353



Michigan Cancer Consortium

A voluntary organization committed to reducing the human and economic impact of cancer in Michigan.

Washington Square Building, 5th Floor
109 Michigan Ave.
Lansing, MI 48913
<http://www.michigancancer.org>
(877) 588-6224

Breast Cancer Resources

Susan G. Komen Breast Cancer Foundation of Southeast Michigan

An affiliate of the National Susan G. Komen Breast Cancer Foundation, aimed at increasing breast health education, and raising money for breast cancer research.

P.O. Box 2031
Kalamazoo MI 49003-2031
<http://www.komenswmichigan.org>
(877) 566-3679

National Breast Cancer Foundation

A national foundation aimed at increasing breast cancer education and to provide mammograms to those who are unable to afford them.

2600 Network Blvd. Suite. 300
Frisco, TX 75034
<http://www.nationalbreastcancer.org>

Lung Health and Cancer Resources

The American Lung Association of Michigan

The Michigan branch of the ALA, aimed at increasing awareness, education and research of a variety of lung diseases, such as asthma, lung cancer, emphysema and tuberculosis.

25900 Greenfield Road, Suite 401
Oak Park, MI 48237
<http://www.alam.org>
(800) 543-LUNG (1-800-543-5864)



Bladder Cancer Resources

Bladder Cancer Advocacy Network

An organization aimed at raising awareness of bladder cancer among the general public and medical community. Upon contacting their corporate offices, they will connect you with a local contact.

4813 St. Elmo Avenue

Bethesda, MD 20814

<http://www.bcan.org>

(888) 901-BCAN

Testicular Cancer Resources

Us Too

A prostate cancer education and support network that provides a forum for learning, sharing, and caring for men with prostate cancer and their loved ones.

5003 Fairview Avenue (Corporate Office)

Downers Grove, IL 60515

www.ustoo.org

(586) 492-3726 (local number)

National Cancer Institute

Governmental agency specializing in cancer information by phone, email or mail for all types of cancer, including prostate cancer.

NCI Public Inquiries Office

6116 Executive Boulevard, Room 3036A

Bethesda, MD 20892-8322

<http://www.cancer.gov/cancertopics/types/testicular>

(800) 4-CANCER (1-800-422-6237)

Cardiovascular Resources

The American Heart Association of Southeast Michigan

The local branch of the AHA, specializing in the education and prevention of heart disease and stroke, healthy lifestyle education for adults and children, CPR and First Aid courses.

24445 Northwestern Hwy, Suite 100

Southfield, MI 48075

<http://www.americanheart.org>

(248) 827-4214

The American Red Cross of Southeast Michigan

Specializing in emergency relief, blood donation, health and safety information, community outreach, CPR and First Aid courses.



P.O. Box 44110
Detroit, MI 48244-0110
<http://www.semredcross.org>
(313) 833-4440

Dental Resources

Michigan Dental Association

Resource for dental information in Michigan, dental health information recommendations, and a locator tool for finding a dentist in your area.

230 N. Washington Sq., Ste. 208
Lansing, MI 48933-1312
<http://www.smilemichigan.com>
(517) 372-9070

Crest Program/Proctor & Gamble

Provides dental health lesson plans, toothbrushes, videos and programs for young children.

<http://www.pgschoolprograms.com>

Family Resources

Coalition on Temporary Shelter (COTS)

Provides emergency housing, food, case management and literacy services to those in need in Michigan.

26 Peterboro
Detroit, MI 48201
<http://www.cotsdetroit.org>
(313) 831-3777

Child Abuse and Neglect Council of Oakland County, Inc.

Abuse prevention education program for families with children ages 5 to 11.

44765 Woodward Ave.
Pontiac, MI 48341
www.carehouse.org
(248) 332-7173

Children's Hospital of Michigan



Supports multiple programs, such as an adolescent social work and a poison control center for children of all ages.

3901 Beaubien

Detroit, MI 48201

www.chmkids.org

(313) 745-KIDS (313-745-5437)

HIV and AIDS Resources

AIDS Partnership Michigan

Michigan's central resource for information about HIV/AIDS.

2751 E Jefferson Ave, Ste 301

Detroit, MI 48207

<http://www.aidspartnership.org>

(800) 872-AIDS (800-872-2437)

Also see your local health department

Kidney Resources

National Kidney Foundation of Michigan

Provides kidney disease information, resources, and education, along with resources for the treatment, prevention and screening of kidney disease.

1169 Oak Valley Dr.

Ann Arbor, MI 48108

<http://www.nkfm.org/index.htm>

(800) 482-1455

Nutrition Resources

American Dietetic Association

Provides information about healthy eating to achieve optimal health.

120 South Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

<http://www.eatright.org>

(800) 877-1600

U.S. Department of Agriculture

Government sponsored website designed to deliver healthy eating information to the general public.

<http://www.nutrition.gov>



Also see you local health departments and hospitals

Safety and Emergency Preparedness Resources

Safety Council of Southeast Michigan

Provides safety information, education and training to members of the community.

43636 Woodward Ave., Suite 100A

Bloomfield Hills, MI 48302

<http://www.safetycouncilsemi.org>

(800) 263-7130

American Red Cross of Southeast Michigan

Provides emergency relief, blood donation, health and safety information, community outreach, CPR and First Aid courses.

P.O. Box 44110

Detroit, MI 48244-0110

<http://www.semredcross.org>

(313) 833-4440

Senior Citizen Resources

Area Agencies on Aging Association of Michigan

The local branch for the Area Agencies on Aging, providing assistance and access to services that help people lead lives of independence at home in our communities.

6105 West St. Joseph, Suite 204

Lansing, MI 48917

<http://www.mi-seniors.org/index.php>

(517) 886-1029

Substance Abuse Resources

Prevention Network of Southeast Michigan (specializing in smoking cessation)

A statewide organization specializing in substance abuse prevention.

P.O. Box 4458

East Lansing, MI 48826

<http://www.preventionnetwork.org/tobacco.htm>

(800) 968-4968

The Agape Center

Provides a web-based listing of substance treatment facilities.

<http://www.theagapecenter.com/Treatment-Centers/Michigan.htm>

